# What is a Family Team Meeting?

A Family Team Meeting brings together family, friends, neighbors and community members, with resources from child welfare, mental health, schools, and other helping agencies. Together, the team works to find solutions that build on the family's strengths that can lead to necessary changes, make a plan for who will do what and when, and agree on next steps.

#### FTM Participants should expect:

- To provide support
- Ask questions
- Share concerns
- Build on strengths
- Develop individualized case plan goals
- Build a support network
- Work with the team to build a plan that will focus on changing behavior
- Assist the family with safety, trauma,
   healing and permanency
- Support the family as they grow and change

## Calaveras Resource Family

Calaveras is a strong community that values resource families who nurture, love and advocate for children until their families are able to do so. Our resource families are valued and respected as expert partners who have a willingness and spirit to support children and families as they grow and change.

# Your next meeting is: Date: Time: Location: **Phone Number: Social Worker: CFT Facilitator:**

### Family Team Meetings



### Calaveras Health and Human Services Agency

#### **Calaveras County Child Welfare Services**

509 E. St Charles St San Andreas, CA 95249 (209) 754-6452 hhsa.calaverasgov.us

#### Who is the Family Team?

Family Team Meeting is a group of people identified by the family who are vested in supporting safety, permanency and the well-being of the identified youth.

#### These people can include:

- Youth and Family
- ♦ Resource Family
- School Personnel
- Spiritual and faith-based supports
- Neighbors
- Mental Health Professionals
- Probation
- Tribal members
- Public Health providers
- CASA
- Youth Mentors
- Parent Partners
- Natural community supports
- Social Workers

### What is the purpose of a Family Team Meeting?

- 1. To help the family get back on their feet
- 2. To identify the family's support team
- 3. Assess family needs and find obtainable solutions
- 4. Set reasonable and meaningful goals
- 5. Create a case plan the promotes positive change
- 6. To include the family and team members at every decision point
- 7. To engage team members to work together to be provide on-going effective support and resources for the family
- 8. To create an environment where all team members are valued, heard, and respected
- 9. To identify the family's natural supports, who will remain in place after Child Welfare is no longer involved



### How often are Family Team Meetings held?

A Family Team Meeting is held every time a decision must be made about the care and custody of youth, the development of family goals, when the status of a Child Welfare case is changing, and before transitioning a case from one program to another, including closing a case. An FTM can be requested by any team member to discuss any matter that may impact the care and custody of the youth.

# California Core Practice Model and the Role of Family Team Meetings

The Core Practice Model is a family-centered approach that is intended to improve coordination and collaborating among child welfare, mental health and other formal and informal supports, and families involved with the child welfare system. Family Team Meetings provides a place where child welfare staff can engage families and their support team by honestly sharing and assessing strengths and concerns while ensuring every child remains connected to their family members, community and tribe.